

MILK SHAKES

BLACK & WHITE

MILK SHAKES—BLACK & WHITE	
Nutrition Facts Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 960	Calories from Fat 500
% Daily	
Total Fat 56g	86%
Saturated Fat 34g	170%
Trans Fat 0g	
Cholesterol 365 mg	122%
Sodium 290 mg	12%
Total Carbohydrate 111g	37%
Dietary Fiber 1g	4%
Sugars 90g	
Protein 20g	
Vitamin A 50%	• Vitamin C 0%
Calcium 60%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet	

INGREDIENTS:

Vanilla ice cream (milk, cream, sugar, water, non-fat dry milk, corn syrup, mono and diglycerides, guar gum, cellulose gum, artificial vanilla flavor, tetrasodium pyrophosphate, carrageenan and dextrose, vanilla (natural flavor)), 1% milk, chocolate syrup (high fructose corn syrup, corn syrup, water, cocoa, sugar, potassium sorbate (preservative), salt, mono- and diglycerides, xanthan gum, polysorbate 60, vanillin, artificial flavor).

ALLERGY STATEMENT:

Contains: Milk
Gluten Free

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302

MILK SHAKES

BLACK RASPBERRY

MILK SHAKES—BLACK RASPBERRY	
Nutrition Facts Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 990	Calories from Fat 390
	% Daily
Total Fat 43g	66%
Saturated Fat 28g	140%
Trans Fat 0g	
Cholesterol 155 mg	52%
Sodium 350 mg	15%
Total Carbohydrate 133g	44%
Dietary Fiber 0g	0%
Sugars 107g	
Protein 16g	
Vitamin A 40%	Vitamin C 0%
Calcium 50%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet	

INGREDIENTS:

Black raspberry ice cream (milk, cream, sugar, water, non-fat dry milk, corn syrup, mono and diglycerides, guar gum, cellulose gum, artificial vanilla flavor, tetrasodium pyrophosphate, carrageenan and dextrose, black raspberry base (corn syrup, sugar, water, raspberry puree, natural flavors, citric acid, red 40, propylene glycol alginate, sodium benzoate, salt, blue1), 1% milk, berry blend puree (sugar, strawberry, marion berry, raspberry, natural flavors, blueberry, citric acid, vegetable juice and beta-carotene (color), locust bean gum, potassium sorbate (to preserve freshness), pectin, calcium chloride).

ALLERGY STATEMENT:

Contains: Milk
Gluten Free

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302

MILK SHAKES

CAKE BATTER

MILK SHAKES—CAKE BATTER	
Nutrition Facts Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 1040	Calories from Fat 243
	% Daily
Total Fat 27g	36%
Saturated Fat 29g	145%
Trans Fat 0g	
Cholesterol 225 mg	75%
Sodium 400 mg	17%
Total Carbohydrate 139g	46%
Dietary Fiber 0g	0%
Sugars 120g	
Protein 16g	
Vitamin A 35%	• Vitamin C 6%
Calcium 60%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet	

INGREDIENTS:

Cake batter ice cream (milk, cream, sugar, water, non-fat dry milk, corn syrup, mono and diglycerides, guar gum, cellulose gum, artificial vanilla flavor, tetrasodium pyrophosphate, carrageenan and dextrose, cake batter base (water, dextrose, fructose, sugar, margarine (liquid soybean oil partially hydrogenated soybean oil, water, salt, whey, soy lecithin, soy mono and diglycerides, sodium benzoate (preservative), artificial butter flavor, beta carotene, vitamin A palmitate), unenriched wheat flour, natural and artificial flavors (contains sulfites), pasteurized egg, non-fat dry milk, yellow #6, stabilizer (xanthan gum and guar gum), salt, potassium sorbate (preservative), sodium benzoate (preservative)), cake pieces (unenriched wheat flour, sugar, margarine (liquid soybean oil, partially hydrogenated soybean oil, water, salt, whey, vegetable mono and diglycerides, soy lecithin, sodium benzoate, artificial flavor, beta carotene, vitamin A palmitate), pasteurized egg, water, powder sugar (sugar, corn starch), natural flavor, salt), 1% milk, vanilla syrup (pure cane sugar, water, vanilla extract with other natural flavors, sodium benzoate and potassium sorbate (to preserve freshness), citric acid).

ALLERGY STATEMENT:

Contains: Milk, Wheat, Eggs, Soy

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302

MILK SHAKES

CHOCOLATE

MILK SHAKE—CHOCOLATE	
Nutrition Facts	
Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 1019	Calories from Fat 408
% Daily	
Total Fat 45.3g	70%
Saturated Fat 27.9g	139%
Trans Fat 0g	
Cholesterol 180 mg	60%
Sodium 403 mg	17%
Total Carbohydrate 142.3g	47%
Dietary Fiber 2.7g	11%
Sugars 133.1g	
Protein 18.7g	
Vitamin A 38%	• Vitamin C 4%
Calcium 65%	• Iron 8%

INGREDIENTS:

Chocolate ice cream (milk, cream, sugar, corn syrup, cocoa (processed with alkali), whey, nonfat milk, mono and diglycerides, guar gum, carageenan), milk, chocolate syrup (corn syrup and/or sugar, water, cocoa, dry milk powder, xanthan gum, vanillin, salt, potassium sorbate as a preservative).

ALLERGY STATEMENT:

Contains dairy ingredients.
Gluten free.

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302

MILK SHAKES

COFFEE

MILK SHAKES—COFFEE	
Nutrition Facts Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 960	Calories from Fat 500
	% Daily
Total Fat 56g	86%
Saturated Fat 31g	155%
Trans Fat 0g	
Cholesterol 260 mg	87%
Sodium 250 mg	11%
Total Carbohydrate 96g	32%
Dietary Fiber 10g	40%
Sugars 81g	
Protein 16g	
Vitamin A 35%	• Vitamin C 2%
Calcium 50%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet	

INGREDIENTS:

Coffee ice cream (milk, cream, sugar, water, non-fat dry milk, corn syrup, mono and diglycerides, guar gum, cellulose gum, artificial vanilla flavor, tetrasodium pyrophosphate, carrageenan and dextrose, instant coffee), 1% milk, latte powder (sugar non-dairy creamer (partially hydrogenated soybean oil, corn syrup solids, sodium caseinate (a milk derivative), mono and diglycerides, dipotassium phosphate), non fat milk, coffee, guar gum, salt, tricalcium phosphate, natural and artificial flavors).

ALLERGY STATEMENT:

Contains: Milk, Wheat, Soy

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302

MILK SHAKES

STRAWBERRY

MILK SHAKE—STRAWBERRY	
Nutrition Facts	
Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 984	Calories from Fat 402
% Daily	
Total Fat 44.7g	69%
Saturated Fat 27.6g	138%
Trans Fat 0g	
Cholesterol 180 mg	60%
Sodium 367 mg	15%
Total Carbohydrate 131.6g	44%
Dietary Fiber 4.0g	16%
Sugars 114.7g	
Protein 17.7g	
Vitamin A 38%	• Vitamin C 5%
Calcium 64%	• Iron 2%

INGREDIENTS:

Strawberry ice cream (milk, cream, sugar, strawberries, corn syrup, whey, nonfat milk, mono and diglycerides, guar gum, carageenan), milk, strawberry syrup (high fructose corn syrup and/or sugar, water, strawberry and other natural flavors, citric acid, red 40, xanthan gum and sodium benzoate).

ALLERGY STATEMENT:

Contains dairy ingredients.
Gluten free.

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302

MILK SHAKES

VANILLA

MILK SHAKE—VANILLA	
Nutrition Facts	
Serving Size 1 Milk Shake (19.8oz)	
Amount Per Serving	
Calories 953	Calories from Fat 402
% Daily	
Total Fat 44.7g	69%
Saturated Fat 27.6g	138%
Trans Fat 0g	
Cholesterol 180 mg	60%
Sodium 367 mg	15%
Total Carbohydrate 125.9g	42%
Dietary Fiber 2.7g	11%
Sugars 90.1g	
Protein 17.7g	
Vitamin A 38%	• Vitamin C 4%
Calcium 64%	• Iron 2%

INGREDIENTS:

Soft serve ice cream (milk, cream, sugar, water, non-fat dry milk, corn syrup, whey, stabilizer containing: mono and diglycerides, cellulose gum, guar gum, tetrasodium pyrophosphate, carageenan, dextrose, natural and artificial flavoring), milk, vanilla syrup (corn syrup, water, vanillin, citric acid and benzoate of soda as a preservative).

ALLERGY STATEMENT:

Contains dairy ingredients.
Gluten free.

This product is manufactured using machinery that processes eggs, soy, dairy, nuts, tree nuts and wheat ingredients.

Ralph's Famous Italian Ices
501 Port Richmond Avenue
Staten Island, NY 10302